Innovative Technologies Summit
March 12, 2014

Technologies for Behavioral Health:
SAMHSA-HRSA (Substance Abuse and Mental Health Services Administration/Health Resources and Services Administration) Center for Integrated Health Solutions, Telebehavioral Health Training and Technical Assistance, a 6-session series that provides the tools and resources necessary to identify and implement a telebehavioral health program (http://www.integration.samhsa.gov/operations-administration/telebehavioral-health).

Technologies for Mental Health:

- North Carolina Council of Community Programs has signed an agreement with myStrength, Inc. to extend their web and mobile applications to all of North Carolina’s Local Management Entities/Managed Care Organizations (LME/MCOs), Providers, and clinicians at discounted rates. According to the NC Council, “myStrength (www.mystrength.com) is a digital behavioral health company providing evidence-based self-help resources to enhance the ability of managed care organizations, community and behavioral healthcare providers to meet consumer demand, extend access, improve outcomes and lower the cost of care.”
- Top 10 Free Mental Health Apps, by Sandra Kiume, Psych Central, September 20, 2013 (http://psychcentral.com/blog/archives/2013/09/20/top-10-free-mental-health-apps/)
- Mood 24/7: A free smartphone app to help you track your daily mood. https://www.mood247.com/
- Dr. Steven Chan writes about how “innovation in mobile health is reshaping mental health”, January 3, 2014 (http://www.imedicalapps.com/2014/01/mobile-mental-health-behavioral-sensor-frameworks-schizophrenia/).
Technologies for Intellectual and Developmental Disabilities and Traumatic Brain Injury:

- This article lists assistive technologies such as memory aids, task analysis, cognitive training and retraining, and accommodations for technology use ([http://atcoalition.org/article/assistive-technology-individuals-developmental-disabilities-dd-or-traumatic-brain-injuries-t](http://atcoalition.org/article/assistive-technology-individuals-developmental-disabilities-dd-or-traumatic-brain-injuries-t)).
- This article provides assistive technology software for individuals with learning disabilities ([http://atcoalition.org/article/assistive-technology-software-and-people-learning-disabilities](http://atcoalition.org/article/assistive-technology-software-and-people-learning-disabilities)).

Technologies for Substance Use Disorders:

- Addiction Technology Transfer Center (ATTC) June iTriage: *The Case for Health Information Technology in Substance Abuse Treatment* by Doug Dormer, Founder and CEO of White Pine Systems, LLC and Linda Grove-Paul, LCSW, Vice President, Recovery and Innovation Services at Centerstone (does not include PowerPoint slides) [http://vimeo.com/69011906](http://vimeo.com/69011906).
- The Fix reports on apps for various addictions but questions whether they can replace face-to-face therapy, February 19, 2014 ([http://www.thefix.com/content/technology-and-addiction](http://www.thefix.com/content/technology-and-addiction)).
- Recovery Box ([http://recoveryBoxapp.com](http://recoveryBoxapp.com)) is a $1.99 iPhone app that allows users to enter their treatment goals and facilitates tracking of daily activities and triggers ([http://www.thefix.com/content/technology-and-addiction](http://www.thefix.com/content/technology-and-addiction)). Activities are categorized as green, yellow, or red, with users trying to get as many green lights as they can. According to developers, recoveryBox is designed to work with any addiction such as alcohol, drugs, gambling, or pornography.
**Electronic Health Record (EHR) Technologies:**

A February website reviewed the top ten most reviewed electronic health record software programs for behavioral health (http://www.softwareadvice.com/medical/mental-health-emr-billing-software-comparison/).

**Peer-reviewed Journal Articles for Assistive Technologies for Mental Health:**


Peer-reviewed Journal Articles for Assistive Technologies for Intellectual and Developmental Disabilities:


Peer-reviewed Journal Articles for Assistive Technologies for Substance Use Disorders:


**Peer-reviewed Journal Articles for Behavioral Health Assistive Technologies:**


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