



ALEXANDER YOUTH NETWORK

*North Carolina's Leader in
Children's Behavioral Healthcare*

About Us

Alexander Youth Network provides quality professional treatment to children with serious emotional and behavioral problems. We deliver an effective and efficient array of services, enabling children and their families to exercise self determination, achieve their potential, and find long-lasting positive ways to connect with their community.

We are a certified training site in the Neurosequential Model of Therapeutics (www.childtrauma.org), our clinical model of care in our residential and day treatment service lines.

FY 2013 Alexander Youth Network served 7,000 children and families

- 90% of clients were served within Community Based Programs
- Over 500 youth were served by the Therapeutic Homes Division

Service Array

Mecklenburg Division

Day Treatment Charlotte
Day Treatment Furr
MST Charlotte
IIH Charlotte
Foster Care Charlotte
MTFC
OPS

Partners Division

Day Treatment Beacon Hall
Day Treatment Shelby
Day Treatment Warlick
IIH Partners
MST Partners
OPS Partners
SAY Services
Foster Care Foothills

Western Division

Foster Care Rutherford
Day Treatment Rutherford

PRTF Division

Dickson Cottage
Elm Cottage
Hornets Nest Cottage
Lions Den Cottage
Nesbit Cottage
Oak Cottage

The Relatives

The Relatives Crisis Center
OnRamp
Journey Place

Southern Piedmont Division

IIH Fayetteville
IIH Southern Pines
Foster Care Southern Piedmont

Youth Opportunities

Day Treatment

OPS

Intensive In-Home

MTFC at AYN

Alexander implemented the MTFC Program in 2007. Duke Endowment provided the resources to cover the start-up costs as well as the first 3 years of the certification process.

MTFC has served 40 clients. Most common diagnosis: Oppositional Defiant Disorder and Conduct Disorder.

68% of clients have successfully completed the program.

MTFC at AYN

The MTFC Treatment Team

The MTFC treatment team is led by the Program Supervisor who also provides intensive support and consultation to the Treatment Parents. The treatment team also includes a Family Therapist, an Individual Therapist, a MTFC coordinator, a Skills Trainer, and a daily telephone contact person (PDR caller). Our team meets every Wednesday, for 2 hours, to staff each case and to review the daily behavioral information collected by telephone.

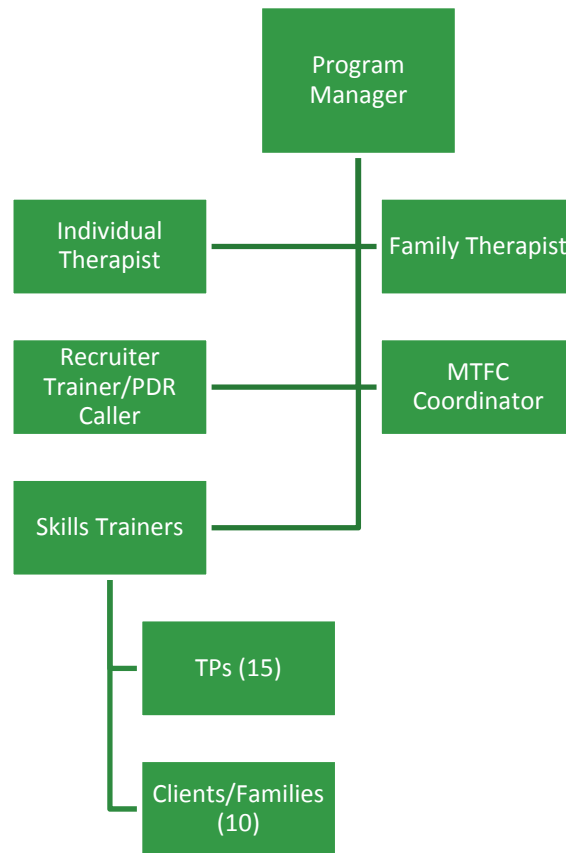
Treatment Parents

Total of 13 treatment families. Treatment Parents attend weekly meetings, on Tuesdays from 12pm-2pm.

Clients

Our MTFC program is currently full with a total of 10 MTFC clients. We currently have 5 females clients and 5 male clients that range in age from 12-17. In the past three months, we have seen increase in referrals from The Department of Social Services.

MTFC TEAM



LESSONS LEARNED

- True Psychiatric Consumers
- Female vs. Male Placement
- Parent referred consumers vs. Agency referred consumers